

BE COMPLEX

with your passwords.

ComplexWithaSideofAmazing



NIST recommends passphrases of at least 15 characters—strong security comes from both length and complexity.



BE UNIQUE

with your passwords.

Password reuse is the ultimate overshare. One breach can expose it all. Use a unique password for each account.



BE A STALKER

for the right reasons.

Look past the display name and check the email address. Phishers love to catfish.



BE A BOSS

of your inbox.

Don't let "urgent" boss
you around. Phishers
love when you panic.
Don't take the bait.



BE A TATTLE TALE

for cyber wellness.

See a phish?
Send it to IT.



BE AN ENABLER

of your updates.

Automatic updates
save time and
protects you.



BE THE GUARDIAN

of your installs.



Don't install software
or apps from unverified
sources. Use official stores.



BE THE SEPARATOR

of your email accounts.

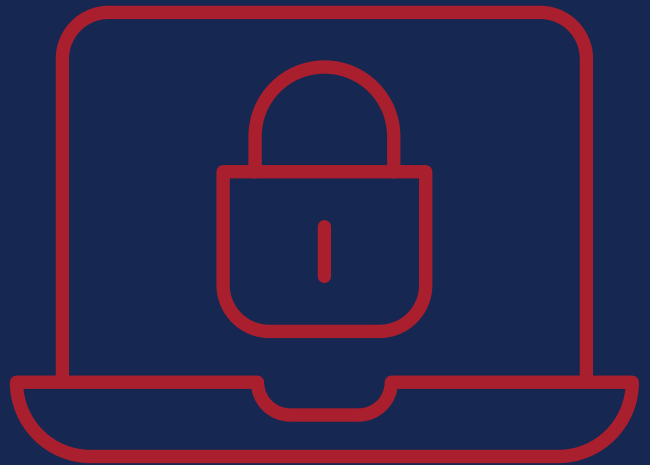
Keep work email for
work. Keep personal
messages separate.



BE A KEEPER

of your screen.

Lock your screen
whenever you step away,
even for only a minute.



BE THE VERIFIER

of your messages.

If a message feels off,
verify it through another
channel. Give the sender
a call.



BE THE READER

of the fine print.

Similar isn't the same.
john@nonprofit.org
vs. john@nonproflt.org
—spot the difference?

